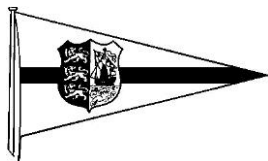


# Sailing Instructions



## Blackwater Sailing Club

### 1 Rules

- 1.1 Races will be governed by the *rules* as defined in the *Racing Rules of Sailing 2017-2020* [RRS] and the Rules of the International Optimist class, except as amended in these Sailing Instructions [SI]. Where conflict exists, these Sailing Instructions shall take precedence.
- 1.2 The prescriptions of the R.Y.A. will apply.

### 2 Notices to Competitors

- 2.1 Notices to competitors will be posted on the official notice board located on the outside wall of the club by the main entrance.

### 3 Changes to Sailing Instructions

- 3.1 Any change to the sailing instructions will be posted at least one hour before the first race start on the day the changes will take effect.

### 4 Declaration

- 4.1 After racing competitors must sign the Declaration Sheet within 60 minutes of the last finisher in the last race of the day to confirm compliance with the rules. **Competitors failing to make finishing declarations will be scored RAF (Retired After Finishing).**

### 5 Signals Made Ashore

- 5.1 Signals made ashore will be displayed either from a mast adjacent to the club mast or from the race box signal area.

**Note: The race box signal area can only be viewed from the river side of the clubhouse.**

### 6 Schedule of Races

- 6.1 Dates of racing:

Date	Optimist Class
28 August 2019	racing

- 6.2 Number of races:

Up to 4 races

- 6.3 The scheduled time of the warning signal for the first race each day is as follows:

<i>Date</i>	<i>Time of warning signal</i>
28 <sup>th</sup> August 2019	Racing Fleet 09.30 Regatta Fleet 09:36

- 6.4 When more than one race will be held on the same day, the warning signal for each succeeding race will be made as soon as practicable. To alert boats that another race will begin soon, the postponement signal (AP Flag) will be displayed for at least one minute before a warning signal is displayed.

### 7 Class Flags

- 7.1 The class flag for the Race Fleet will be flag T.
- 7.2 The Class Flag for the Regatta Fleet will be Flag O.

### 8 Racing Area

- 8.1 Attachment 1 shows the location of the racing area.

### 9 The Courses

- 9.1 The diagrams in Attachment 2 show the course to be sailed, A or B, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 No later than the warning signal, the Race Committee Signal Boat (RCSB) will display code flag A or B to indicate which course is to be sailed.
- 9.3 No later than the warning signal, the RCSB may display the approximate compass bearing from the RCSB to Mark 1.

### 10 Marks

- 10.1 Marks of the course will be as follows:

<i>Mark</i>	<i>Description</i>
1	Orange cylindrical
2	Orange cylindrical
3	Orange cylindrical

- 10.2 Replacement marks, in the event of loss of a mark, will be yellow pin buoys **[change to RRS 34]**.

- 10.3 The starting marks will be the RCSB and a yellow pin buoy inner distance mark (IDM) at the starboard end, and a yellow pin buoy outer distance mark (ODM) at the port end.

- 10.4 The finish marks will be the RCSB at the starboard end and a yellow pin buoy at the port end.

### 11 The Start

- 11.1 Races will be started using RRS Rule 26.

- 11.2 The starting line will be between the mast of the RCSB at the starboard end and the Start ODM at the port end. The length of the line will be bounded by the Start IDM at the starboard end, on the port side of the RCSB. **When completing a Round-an-End Rule penalty [RRS 30.1] either the Start ODM or the RCSB shall be rounded.**

**Yachts passing between the Start IDM and the RCSB will be disqualified from the race without a hearing [change to RRS 63.1].**

- 11.3 A boat starting later than 10 minutes after her starting signal will be scored Did Not Start **[change to RRS A4.1]**.

# Sailing Instructions

## 12 The Finish

The finish will be signalled using one of:

### 12.1 Finishing at the Finish Line.

The RCSB will display Flag S and make two sound signals as the lead boat approaches Mark 3. Boats will round Mark 3 normally and then finish at the Finish Line between the mast of the RCSB at the starboard end and the Finish mark at the port end.

### 12.2 Finishing at a rounding mark.

A race committee boat will display Flag S and make two sound signals as the lead boat approaches the mark. Boats will finish at the line formed between the nearby mark and the staff displaying Flag S.

12.3 When S over W is displayed, the race is shortened at the current position. A race committee boat starting at the back of the fleet and working forwards to the original finishing line will record the position of boats racing. Boats will be scored according to that position **[change to RRS 32.2]**.

## 13 Time Limits

13.1 If no boat has rounded Mark 1 30 minutes after the start of a race, the race may be abandoned.

13.2 Boats failing to finish within 150% of the elapsed time for the first boat in their class to sail the course and finish will be scored DNF (Did Not Finish) **[change to RRS 35 and RRS A4]**.

## 14 Protests and Requests for Redress

14.1 The Exoneration Penalty of the RYA Rules Disputes Procedures will be available. See the official notice board for details.

14.2 Protest forms are available at the race office. Protests shall be delivered there within the protest time limit.

14.3 The protest time limit is 30 minutes after the last boat has arrived back at the club slipway.

14.4 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the race office at times posted with the protest notices.

14.5 On the last day of racing a request for reopening a hearing shall be delivered

(a) within the protest time limit if the party requesting reopening was informed of the decision on the previous day;

(b) no later than 30 minutes after the party requesting reopening was informed of the decision on that day. **[change to RRS 66]**.

## 15 Scoring

15.1 The low point scoring system of [RRS Appendix A] will apply.

15.2 One race is required to be completed to constitute a series for the Open meeting. For sailors in the club's 3 day Reid-Scott series the scores from the Open will be used and applied for this event, using the scoring system for the Reid-Scott series but regatta fleet entries will not count for the main series.

15.3 (a) When fewer than three races have been completed, a boat's series score will be the total of her race scores.

(c) When three races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

(d) When four races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

## 16 Safety Regulations

16.1 A boat that retires from a race shall notify the race committee as soon as possible.

16.2 Personal flotation devices shall be worn by competitors at all times when afloat **[Change to RRS Part 4 Preamble]**

16.3 Sailing Barges and Viking Saga are deemed to be moving exclusion zones, which competitors are to treat as obstructions. The exclusion zone extends to 30m (1 barge length) in front of the vessels. No competitor is to enter the exclusion zone. The penalty for a breach of this instruction is at the discretion of the race officer (to be scored as 'DPI') and may be less than disqualification. **[RRS 60.2, 63.1 and A5 are modified]**

## 17 Replacement of Crew or Equipment

17.1 Substitution of competitors will not be allowed.

17.2 Substitution of damaged equipment will not be allowed without prior written consent of the race committee.

## 18 Disclaimer of Liability

18.1 A boat is entirely responsible for her own safety, whether afloat or ashore, and nothing, in the Notice of Race or Sailing Instructions or anywhere else, reduces this responsibility.

18.2 It is for the boat to decide whether she is fit to sail in the conditions in which she will find herself. By launching or going to sea the boat confirms she is fit for those conditions and her crew is competent to sail and compete in them.

18.3 Nothing done by the organisers can reduce the responsibility of the boat, nor will it make the organisers responsible for any loss, damage, death, or personal injury, however it may have occurred, as a result of the boat taking part in racing. The Organisers encompasses everyone helping to run the race and the event, and includes the organising authority, the race committee, the race officer, patrol boats, and beach masters.

18.4 The provision of patrol boats does not relieve the boat of her responsibilities.

## 19 Radio Communication

19.1 A boat shall neither make radio transmissions nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

## 20 Media

20.1 By entering this event the sailor, and their parent/guardian, authorises the use of any images (still or moving together with any associated audio) of the sailor taken at the event to be used on mainstream, local and/or social media, including the Blackwater SC's website, and for training and/or publicity purposes.

## 21 Medical conditions

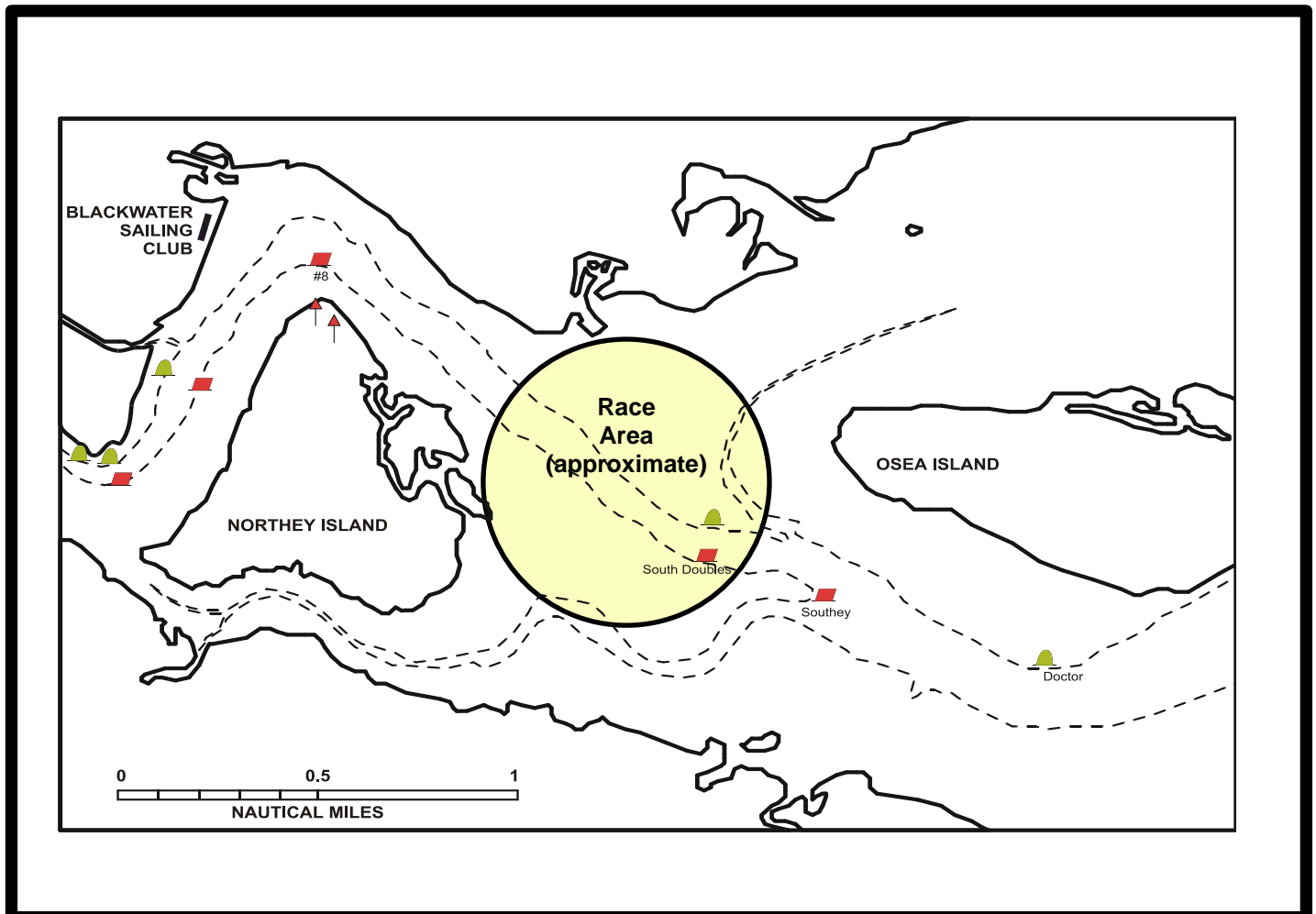
21.1 By entering this event you confirm that you have read and agree to abide by the guidance found at Attachment 3 relating to medical conditions.

## 22. Terms and Conditions of Entry

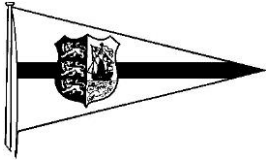
22.1 All competitors and their parents/guardians by entering this event agree to be bound by the Terms and Conditions of entry set found at Attachment 4.

# Sailing Instructions

## ATTACHMENT 1



# Sailing Instructions



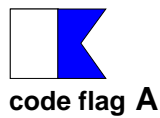
Blackwater Sailing Club



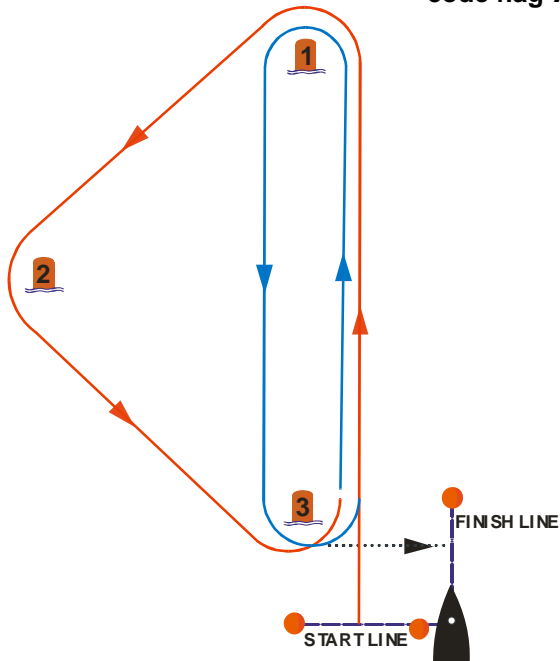
## ATTACHMENT 2

### Courses (Not to Scale)

#### COURSE A



code flag A



Course 1-2-3-1-3 repeated until finished using Code S (see SI 12)

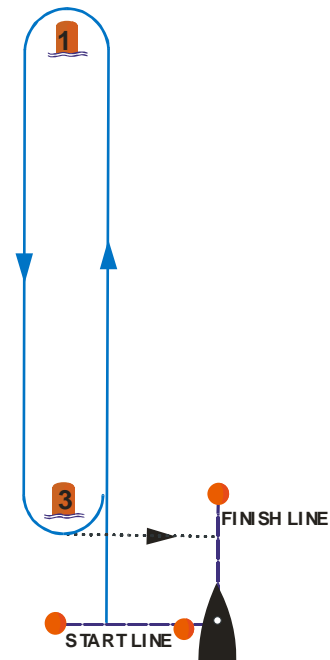
The aim is to give the lead boat a race time of 40-45 minutes, wind and tide conditions allowing.

Marks 1, 2 and 3 shall be left to port.

#### COURSE B



code flag B



Course 1-3 repeated until finished using Code S (see SI 12).

The aim is to give the lead boat a race time of 40-45 minutes, wind and tide conditions allowing.

Marks 1 and 3 shall be left to port.

### Tidal Information

*Date*

*Published Time of High Water*

Saturday 28<sup>th</sup> August 2019

11:42

## Attachment 3

### Medical Conditions

It is important that the organisers, the Blackwater Sailing Club Limited and the members arranging the event, are informed about participants' existing medical conditions where such conditions could affect the ability of the organisers to deliver a safe event. Therefore, if you are entering a sailor for this event and he or she has a medical condition which could affect their participation please inform the organisers before the event starts. The details of any such conditions will be shared on a need to know basis, e.g., with the principal race officer and the lead safety officer.

The following conditions should be notified to the organisers as a matter of routine:

- Asthma or bronchitis
- Heart condition
- Fits, fainting or blackouts
- Severe headaches
- Diabetes
- Allergies to any known medicine
- Any other allergies, e.g. to material or food
- Other illnesses or disability
- Travel sickness
- Regular medication
- Medication for any specific condition
- Suffering from an injury

Please forward the details to the organisers and where applicable ensure that the child and/or the organisers are provided with any medication that might need to be administered in an emergency, e.g., an inhaler or EpiPen. By providing any such medication you agree for it to be administered as and when necessary.

Please remember it is the responsibility of parents to make known any potential medical conditions that may affect a sailor's personal safety during the event. A precautionary approach is strongly advised.

## Attachment 4

### Terms and Conditions

The Optimist Open meeting is open to members and non-members. Non-members agree to be bound by the rules of the Blackwater Sailing Club which are found on the Club's website: [blackwatersailingclub.org.uk](http://blackwatersailingclub.org.uk)

#### **Disclaimer of Liability**

Participants are entirely responsible for their own safety, whether afloat or ashore, and nothing reduces this responsibility. It is for participants to decide whether their boat is fit to sail in the conditions in which it will find itself. By launching, participants confirm their boat is fit for those conditions and they are competent to sail in them. Nothing done by the organisers can reduce the responsibility of the owners and/or participants, nor will it make the organisers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the Optimist Open meeting. The organisers encompass everyone helping to run the event. The provision of safety boats does not relieve owners and competitors of their responsibilities.

By taking part in the Open Meeting participants, their parents and or legal guardians understand, acknowledge and agree that the Blackwater Sailing Club Limited cannot accept liability for any injury, loss or damage sustained whilst taking part in the Open meeting. They also agree for pictures and video footage to be taken of the sailors while at the Open meeting for coaching feedback and these images may also be used on the Club's website or Facebook pages or other publications, such as BSC News and in the press.

As Parent/Guardian entering a child or children for the Open meeting you give permission for the participant named to take part. By taking part you and the sailor:

- # accept the Disclaimer of Liability above, which removes the right to claim compensation; and
- # confirm that the sailor is competent to take part in these activities and that the boat to be used will have valid third party insurance of at least £2,000,000; and
- # accept that the good behaviour of the sailor is a fundamental condition of participating and that the organisers have the right to exclude any sailor not complying with this requirement; and
- # consider that the sailor is physically fit enough to take part in the training and can swim 50 metres in light clothing with a buoyancy aid.

The contact details given on entering this event must those of a parent/guardian who will be at or in the immediate vicinity of the club during the event. Where contact details change please inform the Organiser at registration or beforehand.